

Lying On The Couch

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often used to describe a psychoanalytic evaluation or study of a particular person or cultural entity his new book aims to put the american midwest on the couch exploring what makes people from that

definition of on the couch on the couch in american english us informal undergoing psychotherapy

10 dec 2025 the meaning of on the couch is receiving psychoanalytic treatment

english etymology from the trope of a mental health patient lying down on a couch before a therapist or psychologist

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on the couch is a slang term that has been around for quite some time it refers to a situation where someone is undergoing therapy or counseling often for mental health issues

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